

You First Podcast Episode 54: Building Disabled & LGBTQ+ Community

Maddie Crowley (00:00):

You're listening to You First, the Disability Rights Florida podcast. In this episode, we talk with Beck from Basically Wonderful about creating accessible and inclusive online spaces for LGBTQ+ folks with disabilities. Hey, everyone. I'm Maddie.

Keith Casebonne (00:33):

And I'm Keith. And we're the hosts of You First.

Maddie Crowley (00:35):

Today we have great episode where we chat with our friend, Beck, who is doing some awesome peer-led community building in Florida. They founded Basically Wonderful, which is a grassroots organization run by queer and disabled folks in Orlando, Florida, USA. Their mission reads, our hope is to create peer-led spaces from marginalized communities where folks are free to express themselves and build friendships with peers who have similar lived experiences. We are creating intentional spaces for both disabled and LGBTQIA+ folks to commune and thrive in identity driven spaces.

Keith Casebonne (01:12):

Yeah, they're doing some really impactful work to get folks together, share information, stories, resources, create options for connections for people living at the intersection of being LGBTQ and having a disability. One thing I really enjoyed about the conversation was how they recognized the disconnect between the LGBTQ+ and disability communities and those movements, explaining how they're all civil rights movements though, and we should try to bridge that gap.

Maddie Crowley (01:40):

Yeah, definitely. I think the work that they do is so meaningful and the discussion about making Pride accessible and just their approach to creating these spaces and centering rest and care is some advice and insight I think we all can take and apply it into our own lives. So we're going to talk a bit more about Basically Wonderful's programming as well as their approach to accessibility and inclusion.

Keith Casebonne (02:12):

Yeah, for sure. Well, we hope you enjoy our chat and so without further ado, here is our interview with Beck.

(02:19):

Hey, Beck, thanks so much for joining us today. We are really excited to have you on the podcast. If you would just please introduce yourself, tell us a little bit about yourself.

Beck DeTrempe (02:27):

Sure. My name is Beck. My pronouns are they/them and she/him is also okay. I'm the founder and executive director of Basically Wonderful and we create accessible peer-led spaces that are welcoming to queer, trans, and disabled communities. I also work for Peer Support Space and I also help run Access Pride Coalition. So those are just a couple of other hats that I wear.

Maddie Crowley (02:56):

Awesome. Thank you so much, Beck, for being on the show today. You do incredible work primarily based in Florida, but the different events and groups that you help put together are primarily virtual spaces, making it accessible for people, not only across the United States but all around the world. So it is really cool work that you're doing and we're excited to have you on today. Just as we get started, could you talk a little bit about yourself and how you came into the work that you do with identifying with both having a disability but also being a part of the LGBTQ community?

Beck DeTrempe (03:40):

Sure. So the work started off slowly. We launched our Disability (Is Not a Bad Word) group, which is a peer-led support space. We get together and talk about a different topic each time we meet. And that honestly started because when I became disabled, I didn't have any sort of social network and I didn't know who to talk to or where to get resources or just what to do in general when you become disabled or just when you are disabled. It's a very isolating experience or it can be a very isolating experience and it's just a hard thing to go through alone. In tangent with Peer Support Space, we created Disability (Is Not a Bad Word) as a way to just bring disabled folks together and we can find some community and just have an opportunity to commiserate together. I use that word a lot because that is often what we do. We just commiserate, we vent, we share our struggles and it brings us closer together because of it. And then as Basically Wonderful developed, it was hard for me to leave out the LGBT aspect of my identity as I was creating this.

(05:01):

It was just hard to separate those two things for myself personally, being disabled and being LGBT or I don't know if intertwined is the right word, but they're both very prevalent in my identity and they're both very important to me. So it's hard for me to separate the two things. And so I just felt like those spaces needed to be created as well, especially the social aspect of it. I feel like there are a lot of where I live in Orlando and there are a lot of LGBT organizations, so there are a lot of spaces for LGBT folks, but I do think that it never hurts to have more social opportunities and opportunities for connections. That is definitely something that I wanted to do.

Maddie Crowley (05:44):

Yeah, definitely. And I think the work you do is awesome and growing from Disability (Is Not a Bad Word), which is like a community space, like you said, for disabled folks to come and talk and share experiences with each other. Basically Wonderful has a lot of other groups. You have two different book clubs, one's called Disabled Babes Book Club, which is a book club with books for and bi and with disabled folks represented, which is really cool. And then kind of the same idea with a trans book club called If You Give a Trans Person a Book club, which is a cute, I don't know, callback to If You Give a Mouse a Cookie, the books that I really liked reading growing up. And then you also do community events with other folks in Florida partnering with other LGBTQ and disabled groups broadly, which is really, really cool.

(06:41):

And then on your social media you've started to share that you're growing and bringing in some other clubs. So it's all really, really exciting. And from speaking from my own experience and having similar identities to yourself as someone with a disability and who is immunocompromised and also identifies as being in the LGBTQ community, I think we're going to get into some of the nuances of holding both of those identities and how some of that overlap and experiencing of both identities and being excluded from both communities can sometimes be a little difficult. And like I said, we'll get into that in a little bit. But I think what I wanted to include real quick before we dive deeper into this conversation is that we're recording this in 2023, at the end of 2023, and we have survived four years of a global pandemic. And I think it's really important to set the context of this because the COVID pandemic has been a mass disabling event and so many people have become disabled from COVID, from the loss of a loved one, from just living under this incredibly stressful and terrifying time.

(08:04):

And I think with that too, especially in the first two years of the pandemic, a lot of folks who were quarantining or isolating or whatever they were experiencing, that was a fairly important time for self-reflection and deep reflection about who you are and what's important to you. And I think a lot of folks in that time had time to sit with uncomfortable thoughts, whether that's navigating a disability or being like, wow, I'm in the LGBTQ community and I just never had the time to process or think about that or honor and acknowledge that. And I think the past couple of years have been absolutely huge for folks at these two intersecting identities.

(08:55):

So I think I just wanted to name that and be like, anybody who listens to this, whether you identify with these communities or not, I think this conversation is so important and the spaces you create are so important and crucial for folks who are just starting to understand these identities within the past few years if they've started to adopt these communities as their own within the context and time of the COVID pandemic. So I just wanted to name that and send it over to Keith, maybe to bring us into another question for you and the work that you do and speak to the intersection of these identities.

Keith Casebonne (09:36):

Yeah. But those are great points, Maddie, and I think it puts a lot of things in perspective with the timeframe where we're at post-pandemic. So Beck, what are some of the unique challenges that individuals with disabilities face when coming out or exploring their LGBTQ+ identity? Are there specific barriers, misconceptions and so forth that folks encounter?

Beck DeTrempe (09:59):

Other than the obvious literal barriers to physical barriers, I'd say I think one of the big things that comes to mind is that disabled people are often really invalidated about their sexuality in general, whether or not you're LGBTQ, just disabled people are inherently seen as non-sexual beings for some reason. I think people really love to dehumanize disabled people, so they forget that disabled people are just humans experiencing very human things and feeling very human feelings, which includes having romantic and sexual feelings. And so I don't think that disabled people are granted the same amount of grace as non-disabled people are when questioning their sexuality because for some reason people seem to think that we can't be the objects of people's affections or that we can't feel it ourselves, which just is not true. Obviously people can be aroace, but that is not an inherent truth for every single disabled person.

(11:13):

So I'd say that just the invalidation in general is a really big roadblock for disabled people to take the time and the space that they need to actually explore. Because if you can't talk to anybody about it or if people are going to invalidate the thoughts you're going to be having about being LGBTQ, you are then inherently going to internalize those things and it's just going to be harder for you to understand yourself if everybody's telling you that what you're feeling can't possibly be true.

(11:43):

I think being disabled can sometimes get in the way of how you view yourself because of the external societal ableism. It's really easy to internalize all of that and be like, "Well, if I can't do things X, Y and Z way, then maybe I can't do them at all." And so it's like, yeah, I think that sometimes that happens for me. I can internalize the stuff that society says and it just warps your sense of self, which just is really not fair.

(12:16):

But yeah, so I say that's a big challenge. And then of course, like I said, the literal physical barriers to those spaces is of course a big deal. If I was a newly out person and I wanted to explore that by going to a club or something as most young LGBT people do, I wouldn't have a good time in those spaces. I would have a hard time even getting in the door that actually that is a thing for me actually,. Those spaces here are hard to get into. I don't go to them, I don't enjoy them because they're not accessible spaces. So it then further isolates you from your community.

Maddie Crowley (13:00):

Yeah, definitely. I'm resonating a lot with that and I think too, especially the young folks within the LGBTQ community, and again, not to overgeneralize but are budding into themselves and maybe they haven't been able to express themselves in their home life or growing up in high school and things like that. So when you get to be a young adult and you start exploring going to clubs or going out, I think again, especially in a global pandemic, and for someone like me who's immunocompromised, it's very hard for me to weigh those choices of, okay, even if I can get into this space, is it worth me risking or potentially endangering myself and my health for the sake of community that might not make itself available to me otherwise, or I'm not able to really access it in other ways because this is the primary way that LGBTQ people and queer people choose to socialize and come together.

(14:08):

And I think that's a really good segue into what I was alluding to earlier, but also our next question for you is how can the LGBTQ community can be more inclusive and supportive of disabled folks, but also it goes both ways. How can the disability community be inclusive of LGBTQ folks? And I think you'll have a lot of insight about that and I will definitely resonate, but I think that example of a lot of the club scene or the going out scene to meet with LGBTQ folks is not accessible to folks disabilities. So just wanted to offer that as an example, but open it up to some other thoughts that you have.

Beck DeTrempe (14:55):

Yeah, it doesn't feel like a hard concept for me to make within Basically Wonderful. Something that I like to boast is that our disabled spaces, our LGBTQ+ friendly and then our LGBTQ+ spaces are accessible. That's something I like to boast about our spaces and it feels inherently natural and it does not feel like a difficult thing to do. I'm like, you just do it. I will say that making spaces

accessible is an ongoing effort. I think some people want a really clear cut answer of this is exactly what you have to do and then you're done forever. And so I want to name that it's an ongoing thing. I'm constantly learning new stuff. I don't have all the disabilities. I can't possibly know every single accommodation that needs to be made. So I'll say that listening and just when somebody tells you that they need an accommodation, just do it.

(16:02):

Don't even think about it. Don't even second guess it. Just do it. It's really so easy. Of course there's some baseline accessibility that you should know right off the bat. Do your research, figure it out. It's really not hard. If you prioritize accessibility from the beginning and it's always on the forefront of your mind, it's not hard. It is only hard when you never considered it to begin with and then you try to accommodate it later and then it feels complicated, then it feels hard. I get how people get frustrated, but it's like that's on you for not thinking of it from the beginning. It's not hard. It's really not. So yeah, just listen to people, do your research, do your baseline stuff, and then always be open to improving your accessibility because it's ongoing, it's constant. There's such a wide array of disability.

(16:57):

Disability is such a broad thing, which I love in our spaces, our definition of disability is essentially just anybody navigating living outside of able-bodied and neurotypical norms. That is very vague, broad category, and I love it. I love doing that because disability can look like anything. So yeah, just be open to learning and always just say yes. Just say yes and do it. Then when it comes to just LGBTQ+ welcoming spaces within the disabled community, it really is just as simple in our spaces. We have our comfort agreement making sure that everybody respects pronouns and we make sure that it's said and that it's known that we're queer and trans-friendly. I think not saying it doesn't inherently make a space welcoming.

(17:47):

It's good to name it. It's good to be proud about the fact that you are welcoming to these communities because otherwise how are people supposed to know? And I think the same thing goes for the other way. If you're an LGBTQ+ org and you want to know how to be a better ally to disabled people, say it, just say it, make it a priority. That's really all it takes is letting people know that you're prioritizing these communities. I think it's really that simple. I'm so honest. It's so easy to me. I guess it's not inherently easy to everybody else, but that's just how I feel.

Keith Casebonne (18:28):

Well, but it should be easy, right? I mean, you're right. It's not rocket science. It's pretty straightforward if you just put some thought into it, and if you really are clueless, you can just Google things and all that stuff is available at your fingertips if you really want it. And so the fact that so many people just seem clueless or it makes you wonder how much of it is cluelessness versus how much of it is maybe even intentional. We don't want certain people in our establishment and we're going to make sure that we're not going to put a ramp in, we're just going to have stairs and we're going to keep the entryways narrow and we're going to so on and so forth.

(19:03):

And so it really makes you wonder because you're right, it's so easy. It really isn't that hard to do, especially if you're planning for accessibility as you're creating the spaces. Well, tell us a little bit specifically then within Basically Wonderful, how do you promote this inclusion and open society

as well as promoting LGBTQ+ justice and the intersection of disability and that? How do you do that within the confines of Basically Wonderful?

Beck DeTrempe (19:32):

Yeah, I think like what I said before that you just got to say it so people know how you feel. I think that our mission really embodies just the intersectionality of the rest of the spaces. I think that if anybody interacts with our spaces because of our mission and because of our values, I hope that they inherently know when they interact with our spaces because of the energy we put out there. And then, like I said, we also have our comfort agreement that really just lays out how we want our meetings to go. Oh, for those of you who don't know, a comfort agreement is essentially a set of guidelines that you use in a space to make sure that everyone's comfortable while they are in the space. I said it like that because that's my little pitch at the beginning of every meeting. For those of you who don't know.

(20:25):

Yeah, and we really value peer-led spaces. We're really lucky to be partnered with Peer Support Space and to follow their example of creating peer-led spaces where you know for a fact that all of our spaces are being created by and are created for the communities we're serving. So you hopefully can have a little peace of mind going into our spaces knowing that hopefully you won't be invalidated and hopefully you can feel like it's as close to judgment free as possible.

(21:00):

That's inherently a hard thing to say because judgment is just part of human nature, but we try to get away from that as much as we can and we can't guarantee safety, but we try our best to create the safest space as possible. And I think that when it comes to disability justice, just within my own life and within Basically Wonderful, we definitely do try to avoid urgency and we also just grant ourselves a lot of grace to our participants, but also within the organization internally, I do really try to take things at my own pace and try to remember that we don't have to do anything how other people are doing them.

(21:47):

I find within my own work, within my own role, that is something that I'm constantly facing is I'm trying to live up to this standard that is set by other nonprofits or just other community members where everything is moving so fast and people are doing such great disability justice work and human rights work and just standing up for so many communities, so many other marginalized communities. And oftentimes I feel like I'm not doing enough. And that is a constant thing in my brain was like, I'm not doing enough. I don't know what to do, but I have to grant myself a little bit of grace knowing that my capacity is my capacity. And sometimes just existing is revolutionary enough, just existing as a disabled person, just existing as a trans and a queer person and living a good life. That's pretty cool. That's pretty cool.

(22:43):

Sometimes that's all you can really do. And I tend to invalidate myself a lot, especially when it comes to just the spaces that I'm creating. I often, I'm like, am I doing enough? Is this enough? But I think I'm lucky that there are people in my life who remind me that yes, these spaces are really great and people do seem to like them, I hope. So it's really easy to want to invalidate what I do and the spaces that exist because I'm often comparing myself to others. But yeah, given grace, avoiding urgency, knowing that what I'm doing is enough and what other disabled people are doing is

enough. Meeting yourself where you're at, understanding your capacity, understanding that just existing is a great active resistance. Just finding peace in that.

Maddie Crowley (23:36):

Yeah, I think for people that are listening, it might be a profound thing to think about that people might not have thought about before. If you're holding marginalized identities and resisting oppression and resisting discrimination, that's a lot of labor and energy and time and capacity and that people who don't hold that identity don't hold. And I think just naming that and honoring that is really important. And giving yourself grace with that is really important. And it's such an incredibly hard thing sometimes to honor and balance. I know I experienced that even today. I'm not feeling great today like having a bad chronic illness day, but also valuing that these conversations are really important to me and emphasizing the importance of giving visibility to conversations that aren't necessarily happening is also really important to me. So learning how to hold both of those at the same time.

(24:43):

It's constantly something that I think disabled folks and people with other marginalized identities hold. I wanted to pause on this, but also acknowledge something that we were talking about before diving into Basically Wonderful and some of elements of disability justice and things is also holding grace for people that don't know much about accessibility and may be experiencing their own internalized ableism or homophobia or other oppressions and systems that are trying to keep them down or keep them isolated from who they really are. And I think that yes, we can hold people accountable for inaccessibility and whether it's inaccessibility of the LGBTQ community or homophobia or transphobia within the disability community, I think there is so much historical context to why those things happen. And even just without that context, like living, like we're saying, living in our society and not being able to always fully acknowledge and embrace and be comfortable in who you are, enforces inaccessibility and discrimination.

(26:11):

And again, that's not necessarily saying that it's okay, but I think I'm trying to piece together these different thoughts like discrimination and especially homophobia and transphobia is disabling LGBTQ folks who didn't identify that way before who now identify as gay or non-binary or trans or whatever, then experience discrimination from that and that discrimination is harmful to your body, your mind, your health, those things. And I think it's really important for us to pause on this and acknowledge that because mental health, you can identify with disability and having a mental illness, those things you can identify as being disabled from that experience.

(27:01):

And I think oftentimes people within the LGBTQ community and myself included, I have a hard time acknowledging that discrimination has negatively impacted my mental health and my wellbeing. And sometimes it's hard for me to acknowledge and put those pieces together as that's where that's from and then grow from that and honor that and take that experience and learn from it and make sure that I'm not being exclusionary to someone that has experienced the same thing, whether it's making sure that what I do in the spaces that I'm in are trauma informed or accessible for people with mental health disabilities or who have experienced a variety of hardships in their life.

(27:53):

So I think nothing that either of you said was wrong in any way, but I think it's really important to bring that with us as we continue the conversation to ensure that we're really honoring folks that might not even know that they should or that they want to identify as disabled yet to even begin the journey of understanding accessibility and what they need. So I just wanted to name all of that.

Beck DeTrempe (28:19):

I wanted to acknowledge I appreciate what you said and bringing that up. And I think I wanted to just also add to what you had said that I think a lot of where I was coming from with the accessibility, I'm definitely thinking of it in the lens of not necessarily an individual, but maybe businesses or organizations. So I think that was maybe where a lot of what I was saying was coming from, and I appreciate that you brought up that point. I think you're right, it is really important to name all of that.

Keith Casebonne (28:54):

Beck, can you discuss the concept of intersectional activism and how it's been used to advocate for the rights and wellbeing of LGBTQ+ individuals with disability, maybe in ways within the media or events? How can activism work together to benefit both communities that, again, are often one?

Beck DeTrempe (29:20):

I'll say that there are people out there who are doing the work, so I think that you should seek out the people that have the answers. There are so many social media influencers or people out there online that are knowledgeable and that are leading causes that are really important. And I think that it's just important to listen to people as they are trying to lead and are trying to bring awareness to the issues that disabled people face and that LGBTQ+ people face, especially the intersection there.

(29:55):

And again, like I said earlier, just existing is revolutionary in and of itself. But something that I've tried to do, and I tried to do this a little more outside of Basically Wonderful through Access Pride Coalition is just being a bit outspoken about some issues. I will say that the mission of Basically Wonderful and Access Pride Coalition are very similar, but the difference being we don't censor ourselves in Access Pride Coalition, which I really enjoy having that space where we can really express how we're feeling.

(30:37):

We let ourselves be angry in that space, which is something that in "professional spaces", you can't really be upset, you can't be upset, you'll be seen as a problem and no one will ever listen to you if you're upset, which is annoying because we have so many valid reasons to be upset just in general. But yeah, so through Access Pride Coalition, something that we really try to do is just advocate for accessible Pride spaces, specifically Pride events in general are just not accessible, and you can ask any disabled person across the whole country. Pride spaces are not accessible. It's hard to go to festivals, it's hard to go to a parade. It's hard to participate in those spaces without feeling isolated or you're having a different experience than everybody else. And it's so obvious that intentionality is not there. And so that is something we are trying to do is be intentional and make spaces that are accessible.

(31:43):

We're going to be doing our third annual virtual Pride celebration this year so that people have a space to celebrate if their local Pride spaces aren't accessible. And we'll also be doing Basically Wonderful. We'll also be doing an in-person Pride event that prioritizes COVID safety with masks required because people are being left behind and aren't able to celebrate with their community because these access measures aren't being put into place. So yeah, I'm not sure. I feel like I've gotten off-topic just a little bit, but I feel like my point still stands.

(32:18):

But yeah, I think just intentionality and letting yourself be angry and letting yourself feel those unprofessional feelings I think is a great way to just participate in intersectional activism even just a little bit. It's just letting yourself feel those feelings and expressing them and being just very outward about it. It's okay to be a little loud sometimes even it feels like when you're disabled, you feel like you can't take up space. That is a huge feeling. You just feel like you aren't allowed to take up space. So I think that's something that we actively try to combat a little bit. Yeah, let's take up space. We just deserve space. We deserve it.

Keith Casebonne (33:01):

Yeah, I think you answered the question very well, and I think it also even ties back into some of the things you were saying earlier about even a club not being accessible. So there's a lot of the need for that intersectional activism that seems like in a lot of places doesn't exist, like you mentioned Pride events. And so I think those are all great examples. And then just one the real quick note, and I'll turn it back over to Maddie, but I think activism should be angry. I think about activism in the sixties and seventies and people were mad, they were yelling in the streets, so why does activism have to be tame and behaved so much now? So I don't know. I don't see why that's such a bad thing.

Maddie Crowley (33:40):

Yeah, I think what you both said is right. If it's unsettling, you're unwelcome and unsafe. There's a reason to be mad and there's a reason to be vocal about it. And I think what's been really cool as I've come into disability identity and seeing organizing happening online and like you're saying, the creation of inclusive and accessible events online to have these conversations and the work that you do or inclusive Pride spaces and celebrations online, I think that is intersectional activism, and that is exactly what we were speaking to and then when we were asking the question. So yeah, I think that is a perfect answer, and I think it was great. For folks that are listening, beyond Basically Wonderful, what maybe are some resources or support networks or maybe some advice that you would offer people with disabilities who also live at the intersection of being LGBTQ?

Beck DeTrempe (34:42):

I mean, Peer Support Space is great. They have a million different identity driven spaces that are all very wonderful. There's at least a few of online spaces for people looking for a connection. There's a still COVID virtual hangout that happens. It's been really nice to see individuals starting to create spaces online. I've been noticing that a lot. It's so obvious that these spaces are necessary because people are seeing a gap and they're trying to fill it. I have been noticing it. I have been noticing a trend that people have just been creating this really truly grassroots spaces so that people have the opportunity to connect. And so it's out there, I promise. It's out there. So if you're looking for any sort of community, even if you don't want to participate in Basically Wonderful spaces, you absolutely do not have to. But so if you're looking for spaces they're there, I can

guarantee that there are virtual spaces, there are people out there who are yearning for connection just as much as we are.

(35:51):

But yeah, if anybody does want to take part in Basically Wonderful resources, I wanted to offer that. You don't have to 100% know that you're disabled. You don't have to 100% know that you're queer or trans. We have really vague and broad definitions of these things for a reason. We have a lot of people who come into our space that are at the beginning of the group, they'll be like, "I'm not sure if I am even allowed to be here." And I'm like, "If you even have the inkling that you should be here, you should be here." I think that something that people need to hear is that you're allowed to take up space, and you're allowed to be a part of community if you want it. You never have to call yourself disabled. You don't have to use any labels that doesn't feel right to you.

(36:41):

But regardless of what labels you use, regardless of how far along you are in your process of identity and acceptance is one of the hardest things to do. So it's absolutely okay if you are not there yet. No matter where you are in your journey, there is community ready and waiting for you. So I feel like that's really important to name, whenever I talk about my spaces, that's one of the most important things that I want to put out there is just do not feel pressured to label yourself, have a fully formed identity, or even have accepted yourself yet. It's so hard to do those things. So just going back to that, grant yourself grace and just know that community is here when and if you want it.

Maddie Crowley (37:30):

Yeah, I think that is a perfect way to end the episode, and I think we are both so grateful for you giving us your time today to talk about these things and share your programming and the spaces you're creating online. And I really hope that folks listening really take what you just said to heart. There's no right way to be. There's no right way to acknowledge an identity or however you're feeling is valid. And I think if you take a chance and go to Basically Wonderful's event, you're going to find folks that will validate you and try to offer you support and community in the way you might be needing. So thank you so much, Beck, for being on the podcast. We really appreciate you giving us your time, and we look forward to connecting with you in the future.

Beck DeTrempe (38:23):

Yeah, thanks for having me.

Keith Casebonne (38:26):

Thanks again, Beck, for being on today's episode. It was great to chat more about Basically Wonderful, and the work you all are doing.

Maddie Crowley (38:33):

Definitely. We will link their website in the show notes, so if anybody's interested in getting involved in some of their activities or community spaces, you'll have that resource to go learn more about it and hopefully get involved.

Keith Casebonne (38:47):

Yeah. And we will be back in two weeks with another episode. So you all subscribe to the podcast so you can get notifications about new episodes. Stay up to date with our show. You'll find us on all the podcast platforms like Apple Podcasts and Spotify and Google and Amazon and YouTube and more.

Maddie Crowley (39:05):

All of them.

Keith Casebonne (39:06):

All of them. You can also find us on our website at disabilityrightsflorida.org/podcast where we will also have full transcripts of each episode.

Maddie Crowley (39:14):

Yep. Thank you for listening, and as always, please feel free to email us any feedback or questions or ideas about the show to podcast@disabilityrightsflorida.org. See you in two weeks.

Announcer (39:26):

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